The Buckeye Baby program, offered by the OSU Health Plan as a service of Your Plan for Health, offers a variety of resources to help you and your family on your new journey.

Benefits to Being a Part of the OSU Health Plan’s Buckeye Baby Program

Important Reminder:
If you intend to cover your baby on the OSU Health Plan, remember that you must complete enrollment within 31 days of birth.
Call The OSU Office of Human Resources at (614) 292-1050 to learn more.

Nurse Support
- A licensed nurse will work with you every step of the way to answer questions and ensure you receive needed support. Services are complimentary and confidential.

Health Coach/Dietitian
- A Health Coach/Dietitian will offer support for a healthy pregnancy and breastfeeding, as well as assist new moms with post-partum weight loss, exercise, and stress management tips.

Lactation Support
- A helpline is available through the Wexner Medical Center by calling (614) 293-8910.
- Outpatient lactation consultations are covered at 100%. Contact us for details.
- There is also an OSU Buckeyes for Breastfeeding Club. Support is offered through two different sessions—one for newborns and one for moms returning to work.
- The OSU Health Plan provides a double electric breast pump at no cost to you. Visit the Buckeye Baby page on osuhealthplan.com to learn how to receive your pump.

For more information about any of the services listed above, call (614) 292-4700 ext. 0, or email osuhpbuckeyebaby@osumc.edu.

More resources are available online!
Visit the Buckeye Baby page on www.osuhealthplan.com today.
- Pregnancy classes offered through the Wexner Medical Center
- Search the provider directory for a pediatrician
- Review immunization recommendations
- Calendar of events
- Educational Programs
- Webinars

Dealing with post-partum depression?
Contact your doctor right away. For additional resources, call (614) 292-4700, ext 0.

Earn YP4H Incentive points through the Buckeye Baby program!
To learn how visit yp4h.osu.edu or call (614) 292-4700, ext 0.