How to Connect a Device

1. Log into your account at Fitbit.com
2. Log into YP4H
3. Navigate to Settings (top right hand corner)

| Settings | Inbox | Sign out |

4. Select Apps & Devices

5. Scroll down to find your device and select “Connect”

![Fitbit Tracker](image)

6. Open the device enabled challenge
7. Join a team or create your own team.
8. Your device will sync with the challenge.