Sour Cream and Roasted Red Pepper Dip

Ingredients
15 oz roasted red peppers (packed in water), drained (about 2 cups)
1 cup reduced-fat sour cream
½ cup fresh basil
½ tsp table salt, or to taste
¼ tsp black pepper, freshly ground, or to taste
2 tsp fresh cilantro, finely chopped
½ tsp garlic powder

Instructions
In a blender, combine roasted peppers, sour cream, basil and garlic powder; puree until smooth. Season to taste with salt and black pepper; garnish with cilantro. Yields about ¼ cup per serving.

Notes
This flavorful dip is perfect for company yet simple enough—and light enough—to be enjoyed on a regular basis. Serve it with toasted pita wedges, whole grain crackers or fresh vegetable crudités (could affect PointsPlus values).

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