



## 2018 Biometric Health Screening Form

Dear Physician/ Provider:

I am participating in The Ohio State University health and well-being program, Your Plan for Health (YP4H). I have agreed to complete a biometric health screening. These numbers are needed to earn additional incentives and will need to be provided to The Ohio State University Health Plan, Inc. (OSUHP). Please complete Section 2 below and fax the completed and signed form to the OSUHP at (614) 688-9670.

*Please Note: It may take up to 30 calendar days for this form to be processed.*

*If this form is submitted near the end of the program year (Program ends December 31, 2018), it may not be processed in time to earn your 2018 incentives, please plan accordingly.*

SECTION 1: TO BE COMPLETED BY YOU, THE MEMBER (Please Print)

\_\_\_\_\_  
**Last Name\***

\_\_\_\_\_  
**First Name (Legal Name)\***

\_\_\_\_\_  
**Birth Date (MM/DD/YYYY)\***

**Best way to reach you with questions, please include the following & check the preferred method to reach you:**

- Phone: (\_\_\_\_) \_\_\_\_\_
- Email: \_\_\_\_\_

**Please read and sign the following disclosure statement:** I understand that my biometric screening data will be released to The Ohio State University Health Plan, Inc. for the purposes of follow-up health education and disease management, data aggregation for program improvement purposes, and/or for the purposes of updating my Personal Health and Well-being Assessment. I understand the collection of my health screening data is voluntary and my medical information will remain confidential and protected as required by law under the Health Insurance Portability and Accountability Act (HIPAA).

All requested information must have been measured after 12/1/17 to be considered for 2018 incentives. Incomplete forms will not be processed.

**Participant/Patient Signature\*:** \_\_\_\_\_ **Date:** \_\_\_\_\_

SECTION 2: TO BE COMPLETED BY YOUR PHYSICIAN / PROVIDER

Exam Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Gender: Male Female

Height: \_\_\_\_ Feet \_\_\_\_ Inches

Weight: \_\_\_\_ Pounds

BMI: \_\_\_\_ Pregnant: Y / N / NA

Blood Pressure: \_\_\_\_ / \_\_\_\_ mmHg

Pulse: \_\_\_\_

BLOOD PANEL

CHOLESTEROL

Total Cholesterol: \_\_\_\_ mg/dl

HDL: \_\_\_\_ mg/dl

GLUCOSE or A1C (required)

Fasting Status:  Fasting

Non-Fasting

Blood Glucose: \_\_\_\_ **OR** A1C: \_\_\_\_

Physician/ Provider's Signature: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Physician/ Provider's Name (Please Print): \_\_\_\_\_

Office Phone number: (\_\_\_\_) \_\_\_\_\_ Address: \_\_\_\_\_

**Please fax completed form to OSU Health Plan at (614) 688-9670.**

Please allow up to 30 calendar days for forms to be processed.

\* Indicates a required field