



**2019 Biometric Health Screening Form**

Dear Physician/Provider:

I am participating in The Ohio State University health and well-being program, Your Plan for Health (YP4H). I have agreed to complete a biometric health screening. These numbers are needed to earn additional incentives and will need to be provided to The Ohio State University Health Plan, Inc. (OSUHP). Please complete Section 2 below and fax the completed and signed form to the OSUHP at **(614) 688-9670**.

*Please Note: It may take up to 30 calendar days for this form to be processed. If this form is submitted near the end of the program year (Program ends December 31, 2019), it may not be processed in time to earn your 2020 incentives, please plan accordingly.*

**SECTION 1: TO BE COMPLETED BY YOU, THE MEMBER (Please Print)**

\_\_\_\_\_ **Last Name**

**Please provide your contact information.**  
Check the preferred method of communication if questions arise.

\_\_\_\_\_ **First Name (Legal Name)**

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

\_\_\_\_\_ **Birth Date (MM/DD/YYYY)**

Email: \_\_\_\_\_

**Please read and sign the following disclosure statement:** I understand that my biometric screening data will be released to The Ohio State University Health Plan, Inc. for the purposes of follow-up health education, disease management, data aggregation for program improvement purposes, and/or for the purposes of updating my Personal Health and Well-being Assessment. I understand the collection of my health screening data is voluntary and my medical information will remain confidential and protected as required by law under the Health Insurance Portability and Accountability Act (HIPAA).

**Participant/Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

All requested information must have been measured on or after January 1, 2019 to receive credit for a 2019 verified biometric screening completion. Incomplete forms will not be processed. Forms should be submitted by December 24, 2019 to allow for enough processing time.

**SECTION 2: TO BE COMPLETED BY YOUR PHYSICIAN/PROVIDER**

Exam Date: \_\_\_\_\_ / \_\_\_\_\_ /2019      Gender (circle one):    Male      Female      Other

Height: _____ Feet    _____ Inches Weight: _____ Pounds BMI: _____    Pregnant (circle one):    Yes    No    N/A	Blood Pressure: _____ / _____ mmHg Pulse: _____ beats per minute
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**BLOOD PANEL**

<p style="text-align: center;"><b>CHOLESTEROL</b></p> Total Cholesterol: _____ mm/dl HDL: _____ mm/dl	<p style="text-align: center;"><b>GLUCOSE or A1C (required)</b></p> Fasting Status (circle one):    Fasting    Non-fasting Blood Glucose : _____ <b>OR</b> A1C: _____
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**Physician/Provider Information**

Signature: \_\_\_\_\_ Today's Date : \_\_\_\_\_

Name (please print): \_\_\_\_\_ Office Phone Number: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Address: \_\_\_\_\_

**Please fax completed form to OSU Health Plan at (614) 688-9670.**

*Forms should be submitted by December 24, 2019 to allow for enough processing time.*