

OSU Health Plan

BUCKEYE BABY PROGRAM

Incentive points available one time per calendar year.

Webinar Session

OSU Health Plan Benefits During Pregnancy

500 points



Webinar Session

What to Expect: Pregnancy and Beyond

500 points



Webinar Session

Nutrition and Physical Activity During Pregnancy

500 points



Webinar Session

Lactation Benefits and Resources

500 points



Telephonic Session

Attend Postpartum Follow-Up Call (up to three times/year)*

1,000 points



Telephonic Session

Attend Postpartum Wellness Call With a Health Coach**

1,000 points



Home Visit

Postpartum Home Visit*

2,000 points



* Incentive points for telephonic sessions and home visit are available for birthing people enrolled in the OSU Health Plan.
** Birthing and non-birthing parents eligible.



THE OHIO STATE
UNIVERSITY
HEALTH PLAN

YOUR PLAN
FOR HEALTH

If you have a disability and experience difficulty accessing this content, contact the Health Plan at OSUHPDigitalAccessibility@osumc.edu.

OSU Health Plan's Buckeye Baby Program

Are you expecting a baby? The Buckeye Baby program from the OSU Health Plan and Your Plan for Health (YP4H) is here for you. We offer support to expectant parents from early pregnancy through postpartum. All services are complimentary and confidential for those who have OSU Health Plan benefits.

Prenatal Webinars

Live webinar-based discussions that review different pregnancy-related topics. During each session, you will be able to ask questions and share ideas with other parents-to-be, as well as with a nurse and health coach. Individual telephonic sessions are available as needed.

Postpartum Telephonic Support

A trusted nurse and health coach will work with you to answer your questions and provide guidance during scheduled postpartum telephonic sessions.

Lactation Support and Resources

We will provide information on OSU Health plan lactation benefits, chest/breast feeding tips and lactation support.

Postpartum Home Visit

Birthing people living in Franklin and contiguous counties are eligible for a complimentary home visit by a registered nurse from Interim HealthCare within four to ten days of discharge to check on you and baby.

YP4H Points

YP4H points are available for participating in the Buckeye Baby program. To learn more, visit yp4h.osu.edu.



To schedule a webinar, visit osuhealthplan.com/programs-and-services/buckeye-baby. If you have questions or need more information, email OSUHPBuckeyeBaby@osumc.edu or call (614) 292-4700, extension 0. Learn more at osuhealthplan.com (click Buckeye Baby under the programs and services tab).