OSU Health Plan
BUCKEYE BABY PROGRAM

Incentive points available one time per calendar year.

- **Webinar Session**
  - OSU Health Plan Benefits During Pregnancy
    - 500 points
  - What to Expect: Pregnancy and Beyond
    - 500 points
  - Nutrition and Physical Activity During Pregnancy
    - 500 points
  - Lactation Benefits and Resources
    - 500 points

- **Telephonic Session**
  - Attend Postpartum Follow-Up Call (up to three times/year)*
    - 1,000 points
  - Attend Postpartum Wellness Call With a Health Coach**
    - 1,000 points

- **Home Visit**
  - Postpartum Home Visit*
    - 2,000 points

* Incentive points for telephonic sessions and home visit are available for birthing people enrolled in the OSU Health Plan.
** Birthing and non-birthing parents eligible.

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OSU Health Plan’s Buckeye Baby Program

Are you expecting a baby? The Buckeye Baby program from the OSU Health Plan and Your Plan for Health (YP4H) is here for you. We offer support to expectant parents from early pregnancy through postpartum. All services are complimentary and confidential for those who have OSU Health Plan benefits.

Prenatal Webinars
Live webinar-based discussions that review different pregnancy-related topics. During each session, you will be able to ask questions and share ideas with other parents-to-be, as well as with a nurse and health coach. Individual telephonic sessions are available as needed.

Postpartum Telephonic Support
A trusted nurse and health coach will work with you to answer your questions and provide guidance during scheduled postpartum telephonic sessions.

Lactation Support and Resources
We will provide information on OSU Health plan lactation benefits, chest/breast feeding tips and lactation support.

Postpartum Home Visit
Birthing people living in Franklin and contiguous counties are eligible for a complimentary home visit by a registered nurse from Interim HealthCare within four to ten days of discharge to check on you and baby.

YP4H Points
YP4H points are available for participating in the Buckeye Baby program. To learn more, visit yp4h.osu.edu.

To schedule a webinar, visit osuhealthplan.com/programs-and-services/buckeye-baby. If you have questions or need more information, email OSUHPBuckeyeBaby@osumc.edu or call (614) 292-4700, extension 0. Learn more at osuhealthplan.com (click Buckeye Baby under the programs and services tab).

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