

THE OHIO STATE EMPLOYEE ASSISTANCE PROGRAM

Financial Fitness Center



Financial Fitness CHECKUP™



Personal Finance



Saving & Investment

Visit your EAP Website at www.osuhealthplan.com/OhioStateEAP and click on the *Financial Fitness Center* to view over 200 interactive tutorials on personal finance, savings, and investment. Your EAP website also offers a full selection of financial articles, tip sheets, financial calculators, and other tools in our *Financial* and *Calculator* Tiles on the web.

Forgot your Login? Need help logging in?
Give us a call at 800-678-6265



Stress Free.

If you're like most people, it can be hard to make sense of your personal finances. In fact, **77% of Americans** say they are living paycheck to paycheck, experiencing moderate to severe financial stress, and would like to improve their financial well-being.



Simple.

Improving your financial fitness doesn't need to be difficult. **Complete a short 10-minute checkup** to receive your Financial Fitness SCORE™ today.



Solution.

Plus, the **Financial Fitness CENTER** includes **200 interactive tutorials** to help you get instant, unbiased answers to all your common questions about money!